



STIRLING HIGH SCHOOL

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AWARDS POLICY

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Phasing in of Award Policy for Grade 8 2026 in the following areas:

- Non-school Cultural activities (Dance)
- Junior Sports Awards
- Non-school Sport activities
- Prizegiving Awards

This policy will be implemented as is for all other areas.

Explanation of Awards

Team

This will allow the recipient to wear a scroll.

Junior Colours

This will allow the recipient to wear a scroll.

Colours

This will allow the recipient to wear a scroll and a colours blazer badge (gold laurel leaves).

Junior Honours

This will allow the recipient to wear a scroll and a colours blazer badge (gold laurel leaves).

Honours

This will allow the recipient to wear a scroll, an honours blazer badge (white laurel leaves) and white braiding.

Junior Honours Cum Laude

This will allow the recipient to wear a scroll, an honours blazer badge (white laurel leaves) and white braiding.

Honours Cum Laude

This will allow the recipient to wear a white blazer, a scroll, an honours Cum laude blazer badge and green braiding.

IMPORTANT INFORMATION

- All awards are presented on the assumption that the learner will continue with the activity. Should this not be the case, the badge/scroll will be retracted.
- All awards are determined by an awards committee for each area.
- All awards policies and criteria will be reviewed on an annual basis.
- Any award may be suspended, should the learner not be in good standing with the school's code of conduct.
- All relevant application forms will be available from the office in the third term.

Academia Awards

ACADEMIA SILVER BADGE

- Worn on the blazer after receiving the award until the next award cycle.
- Applicants need to attain a minimum of 7 points as indicated on the application form.

ACADEMIA GOLD BADGE

- Worn on the blazer after receiving the award until the next award cycle.
- Applicants must attain the minimum points (7 points) in both Grade 8 and 9 or must attain the minimum points in both Grade 10 and 11 in order to receive the award.

COLOURS AWARDS

- Applicants must meet the criteria for a gold badge.
- Achievement equivalent to an East London schools' standard.

HONOURS AWARDS

- Applicants must meet the criteria for a colours award.
- Achievement equivalent to a provincial standard.

HONOURS CUM LAUDE AWARDS

- Applicants must meet the criteria for an honours award.
- Achievement equivalent to a national standard (at the committee's discretion regarding level of achievement and the event participated in).

Academic Awards

TAKE NOTE: Marks will not be rounded up when awards are determined. **Total marks only.**

MERIT CERTIFICATE

What is required?	80% or more in a subject in Term 2 and Term 4
When will it be awarded?	At a Grade Assembly at the start of the year. It is awarded for achievements in the previous academic year.

COLOURS AWARD

What is required?	Gr 8 & 9: Total marks between (and including) 720 and 809 for Term 2 & Term 4 Gr 10 & 11: Total marks between (and including) 490 and 559 for Term 2 & Term 4 Gr 12: Total marks between (and including) 490 and 559 for Term 2 & Term 3
When will it be awarded?	Gr 8 – 11 will receive their certificate at the start of Term 1 the following year.

HONOURS AWARD

What is required?	Gr 8 & 9: Total marks greater or equal to 810 for Term 2 & Term 4 Gr 10 & 11: Total marks greater or equal to 560 for Term 2 & Term 4 Gr 12: Total marks greater or equal to 560 for Term 2 & Term 3
When will it be awarded?	Gr 8 – 11 will receive their certificate at the start of Term 1 the following year. Gr 12 will receive their certificate at the start of Term 4.

HONOURS CUM LAUDE AWARD

Awarded to a Gr 11 or Gr 12 learner who attains a total greater or equal to 630 in any two examination terms.

MERIT BADGES

What is required?	Gr 8 & 9: Total between (and including) 675 and 719. Gr 10 – 12: Total between (and including) 525 and 559.
When will it be awarded?	It is awarded at the start of each term at a grade assembly.

ACADEMIC BADGES

What is required?	Gr 8 & 9: Total greater or equal to 720. Gr 10 – 12: Total greater or equal to 560.
When will it be awarded?	It is awarded at the start of each term at a grade assembly.

ACADEMIC EXCELLENCE

What is required?	Gr 8 and 9: 80% or more in 6 or more subjects (excluding Life Orientation & Digital Technology) Gr 10 – 12: 80% or more in 5 or more subjects (excluding Life Orientation)
When will it be awarded?	Start of Term 1 based on November results and Term 3 based on June results

All-Rounder's Awards

In order to qualify for an All-Rounder's Award, a learner must meet all of the criteria listed below:

- Represent the school in at least one sport (both summer AND winter season) throughout all three terms.
- Represent the school in at least one cultural activity throughout all three terms.
(Please note: Regular attendance at sport and cultural practices means attending at least 70% of all practices. Occasional or non-league participation only, will disqualify you.)
- Maintain good academic results (aggregate of 70% and above).

If ALL of the criteria listed above are met, learners need to apply in Term 3. Points will be awarded based on the level of involvement and achievement in different spheres of school life. Leadership positions, service activities and participation in the area of academia, also contribute towards points. A minimum of 20 points is needed in order to qualify for an All-Rounder's award.

- The Best Junior All Rounder will be awarded Junior Colours.
- The Best Senior All Rounder will be awarded Colours.

No points will be awarded for non-school activities

Sport		Culture	
Honours Cum Laude	12	Honours Cum Laude	12
Honours/Junior Honours Cum Laude	10	Honours	10
Colours/Junior Honours	8	Colours	8
Team Award/Junior Colours	6	Team Award/Member of snr group	6
A team in Age Group	4	Member of jnr group	4
Other team in Age Group	2		
Academics		Academia	
<i>Average of Term 1, 2 & 3</i>		Honours Cum Laude	10
90% or more	12	Honours	8
85% - 89%	10	Colours	6
80% - 84%	8	Team Award	4
70% - 79%	6	3 or more Olympiads	2
Leadership		Service	
National Captains	12	Honours Cum Laude	10
Provincial / Head Prefects	10	Honours	8
Deputy Head Prefects	8	Colours	6
Prefects	6	Team Award	4
Cultural / Society / Councils	4	30-49 Hours	2
Class Captains / Team Captains	2		
Other leadership positions	2		

Culture Awards

MUSIC

1. Purpose

The Stirling High School Music Awards recognise students who demonstrate sustained commitment, musical excellence, leadership, and meaningful contribution to the school's music culture. Awards progress from local recognition to provincial and national honours, culminating in a formal public recital for the highest level.

2. Musical Citizenship

All award recipients must contribute positively to the school's musical community. This requirement acknowledges that musical excellence is not only individual but also communal. Students may demonstrate musical citizenship through:

- **Supporting Peers**

Attending break-time concerts and music evenings as a respectful, engaged audience, celebrating others' achievements, offering encouragement, constructive support, or assistance.

- **Participating in Break-time Concerts**

Performing at least once per year (solo or ensemble). Assisting with setup, equipment, stage changes or performer support.

- **Building Ensemble Culture**

Demonstrating reliability (punctuality, preparation, consistent attendance), mentoring younger or less experienced musicians, contributing to an inclusive and uplifting ensemble atmosphere.

3. Award Structure

Awards are divided into two parallel pathways:

- **Ensemble Participation Awards** – Recognise commitment, continuity, and service within school ensembles.
- **Solo Music Awards** – Recognise formal musical achievement, instrumental/vocal proficiency, academic performance, and artistic growth.

4. Ensemble Participation Awards

Silver Ensemble Badge – Awarded after two full years of active participation in a school ensemble.

Gold Ensemble Badge – Awarded after three full years of active participation in a school ensemble.

- **Eligibility & Expectations**

- Current Ensembles Include: Wind Band, Big Band, Chamber Choir, Concert Choir, Marimba Band, Drumline, Woodwind Ensemble, Brass Ensemble, Piano Ensemble (duets/trios).

- **Participation Requirements**

- Regular attendance at music lessons (if taking Music as a subject).
- Consistent attendance and preparation for ensemble rehearsals.
- Respectful audience presence at music evenings and/or break-time concerts throughout the year.

- **Representation Requirements**

- Participation in 100% of ensemble performances (Founders' Day, music evenings, etc.), unless a valid reason is submitted at least 24 hours in advance.
- At least one break-time concert performance per year.
- At least one external or interschool performance, such as: East London Eisteddfod, Music in the Park, community concerts.

5. Solo Music Awards

COLOURS AWARD (DISTRICT LEVEL)

Recognises musical excellence at district level and visible contribution to the music community.

Criteria

- Minimum Grade 6 practical
- Minimum 19 points in the points system
- Musical Excellence – Performing at Grade 6 level consistently throughout the year
- Musical Achievement – District level solo achievement (e.g. BCM Orchestra selection, Eisteddfod trophy winner or equivalent)

HONOURS AWARD (PROVINCIAL LEVEL)

Recognises excellence at a provincial standard and sustained contribution to the music community.

Criteria

- Minimum Grade 8 practical
- Minimum 24 points
- Musical Excellence – Performing at Grade 8 level throughout the year
- Musical Achievement – Provincial level solo achievement (e.g. Eastern Cape Youth Orchestra selection, provincial finalist or equivalent)

HONOURS CUM LAUDE (NATIONAL LEVEL)

The highest musical honour at Stirling High School.

Criteria

- Grade 8 practical
- Minimum 30 points
- Completion of a compulsory 25-minute public recital (see Culminating Public Recital Requirements listed below)
- Academic Excellence – Performing at Grade 8 level throughout the year
- Musical Excellence – National level solo achievement (e.g. National Schools' Jazz Band, Finalist at a national music competition, ATCL Performance Diploma (or equivalent), etc).

Culminating Public Recital Requirements

- Application must be submitted by the student's instrument teacher.
- Programme: 25 minutes of Grade 8 or higher repertoire
- Examination Panel: Student's primary instrument teacher, at least one additional music teacher, Head of Culture or a member of SMT. After the recital, the panel deliberates privately and awards a pass/fail. Successful candidates receive the Honours Cum Laude award (and white blazer) at the recital itself. Honours Cum Laude cannot be awarded without a Culminating Public Recital.

6. Points System

Instrumental & Academic Achievement (Max 15)		Performance & Engagement (Max 9)	
Performing at Grade 6 level	8	Participation in 1 ensemble	3
Performing at Grade 7 level	10	Participation in 2+ ensembles	4
Performing at Grade 8 level	12	Consistent lesson attendance	1
Academic Music Mark (in at least two exam terms):		Supporting concerts (3+ events)	
70%	1	Musical Evening performance	2
80%	2	Break-time concert performance	2
90%	3		
External Participation (Max 5)		Leadership (Max 2)	
Eisteddfod participation	3	Ensemble leader	2
Distinction or category win	2	Section leader	1
Ensemble participation	1		
Performance Recital (Max 5)			
25 Minute Solo Recital	5		

DRAMA

1. Award Structure

Awards are divided into two categories:

1. **Drama Club Participation Awards (Badges)** – recognising commitment, consistency and involvement in school productions and club activities.
2. **Solo Drama Awards (Colours / Honours / Honours Cum Laude)** – recognising formal achievement through Trinity graded exams and Eisteddfod results, alongside contribution to school productions.

Only students enrolled in Dramatic Arts as a subject qualify for Colours, Honours or Honours Cum Laude. All Drama Club members can earn participation badges, but not solo awards.

2. Drama Club Participation Badges

2.1 Eligible Activities

- Drama Club rehearsals and performances
- School Productions: Musical/Play (Term 1)
- Junior & Senior One Act Plays (Term 2)
- Drama Eisteddfod participation (Term 3)

2.2 Award Levels

- Silver Drama Badge – A minimum of two consecutive years of participation.
- Gold Drama Badge – A minimum of three consecutive years of participation.

2.3 Eligibility Criteria

Students must demonstrate:

- Regular attendance at Drama Club rehearsals and lessons.
- Participation in all school productions they are cast or involved in.
- Engagement as actors or directors in one-act plays (Junior or Senior).
- Support for peers' performances and visible contribution at Drama Eisteddfod events.

Note: Participation alone earns badges; performance level or exam results do not affect badges.

3. Solo Drama Awards

COLOURS AWARD

- 70% for Dramatic Arts
- Minimum Trinity Grade 6 exam
- Minimum 20 points

HONOURS AWARD

- Minimum Trinity Grade 8 exam
- Eisteddfod Gold++ results
- 70% for Dramatic Arts
- Minimum 24 points

HONOURS CUM LAUDE AWARD

- Minimum ATCL
- Eisteddfod Gold++ achievement or equivalent
- 70% for Dramatic Arts
- Director of a one act play and/or lead role in school musical/play
- Minimum 24 points

No student can achieve an award without meeting both exam and Eisteddfod/performance requirements.

4. Points System (Scaled 30-Point Model)

External Exams & Performance (Max 15 points)		School Productions (Max 6 points)	
Trinity Exam Grade 6		Participation in Musical/Play (Term 1)	2
Trinity Exam Grade 7	5	Participation in Junior One Act Play	2
Trinity Exam Grade 8	7	Participation in Senior One Act Play	2
Trinity Exam ATCL	10		
School Academic Drama - 70%	12		
School Academic Drama - 80%	1		
School Academic Drama - 90%	2		
	3		
Drama Eisteddfod (Max 8 points)		Leadership & Engagement (Max 8 points)	
Participation in 4 items	1	Director/writer of any production	3
Participation in 5 items	2	Lead role in Musical/Play	5
1 Gold+ & 1 Gold ++	3		
2 Gold & 2 Golds+	3		
2 Gold+ & 2 Gold++	4		

ART

1. Purpose

The Stirling High School Art Awards recognise students who demonstrate sustained commitment, creative excellence, leadership and meaningful contribution to the visual arts culture of the school. Awards progress from local recognition to provincial and national achievement.

2. Artistic Citizenship (Required for All Awards)

Students must contribute positively to the artistic life of the school. Artistic Citizenship may be demonstrated through:

Supporting Peers

- Attending school exhibitions and art showcases
- Encouraging peers and acknowledging their achievements

Participation in School Art Events

- Contributing work to school exhibitions (Belgravia, Open Evening, Founders' Day)
- Assisting with installation, setup, curation, display, or event preparation

Building an Artistic Culture

- Demonstrating reliability (meeting deadlines, attending lessons, preparing work)
- Mentoring younger students
- Maintaining a positive, creative, inclusive studio environment

Students do not need to fulfil all examples, but consistent, visible involvement is essential.

3. Award Structure

Awards are divided into two pathways:

- ***Participation Awards (Visual Arts)*** - Recognise consistent contribution, commitment, and involvement in school art activities.
- ***Academic & Creative Achievement Awards*** - Recognise artistic excellence, academic achievement, exhibitions and external recognition.

4. Participation Awards (Visual Arts)

Silver Art Badge - Awarded after **two consecutive years** of active contribution to school art activities, including at least:

- 2+ school exhibitions or events
- Reliable lesson attendance
- Visible artistic citizenship

Gold Art Badge - Awarded after **three consecutive years** of sustained contribution and consistent participation in school exhibitions and events.

5. Academic & Creative Achievement Awards

Colours Award (Local/District Level)

Recognises excellence in Visual Arts at school and district level.

Criteria

- Minimum 18 points
- Consistent participation in Art as a subject or approved programme
- Participation in EL Eisteddfod/ELFEST Exhibition or
- East London High Schools' Art Exhibition

Points awarded (per artwork selected):

- Triple Gold: **6 points**
- Double Gold: **4 points**
- Gold: **3 points**
- Silver: **2 points**
- Bronze: **1 point**

PLUS:

- Minimum **70%** for Art Practical in at least **two terms**
- Participation in at least **two school exhibitions** (Belgravia, Open Evening, Founders' Day)

Honours Award (Provincial Level)

Recognises excellence at provincial standard.

Criteria

- Minimum 24 points
- Evidence of advanced artistic performance
- **Provincial-level selection**, award, or exhibition (e.g., province-wide youth art exhibition, provincial finalist)
- Practical mark consistently above **75%**
- Significant contribution to school exhibitions (3+ events)
- Leadership in the studio (mentoring, assisting teachers, curating work)

Honours Cum Laude (National Level)

Recognises national excellence and outstanding artistic achievement.

Criteria

- Minimum 27 points
- Meeting all Honours Award requirements
- National-level recognition (e.g., national youth art competition finalist, national exhibition selection, or equivalent)
- Creation of a **Final Portfolio Showcase** (equivalent to a mini-exhibition) reviewed by:
 - Head of Art
 - At least two visual art teachers
 - Head of Culture / SMT member
- Panel awards a **pass/fail**
- Award conferred publicly at school or during a formal exhibition event

6. Points System

Artistic Achievement & Academic Performance (Max 15)		Participation & Engagement (Max 8)	
Eisteddfod/ELFEST/High Schools Exhibition:		School Events & Exhibitions	
• Triple Gold	6	• Belgravia Exhibition	1
• Double Gold	4	• Open Evening	1
• Gold	3	• Founders' Day Exhibition	1
• Silver	2		
• Bronze	1		
Art Practical Mark (per term)		Other Exhibitions/Competitions	
• 75%	1	(e.g., community exhibitions, youth gallery shows)	
• 80%+	2	• 1–3 points (based on level of achievement)	
Stirling Art Subject Prize			
• 2 points per year			
Creative Contributions (Max 5)		Leadership (Max 2)	
Set design / décor / murals / posters		• Art studio leader / senior curator	2
• 3 points per event			
Artistic outreach, community murals, enrichment		• Assisting younger students or supporting installation teams	1
• 1–4 points (depending on scale and quality of contribution)			

7. General Notes

- The Art Department may adjust eligibility where exhibition opportunities are limited.
- External exhibitions must be verified by documentation or teacher confirmation.
- Leadership nominations must be confirmed by the Head of Art.
- Awards are presented at Term 3 Cultural Awards Assembly, except:
 - **Honours Cum Laude**, which may be awarded at a portfolio showcase
- All awards are deliberated by the Cultural Committee. The Committee's decision is final.

DANCE

Dance awards fall into a specific outside activity awards criteria and can only be awarded if dancers are involved in the events that are organised by the school.

AWARD LEVELS

Silver Dance Badge - Minimum of 2 consecutive years of participation.

Gold Dance Badge - Minimum of 3 consecutive years of participation.

Criteria

- Any form of dance is recognised
- Participation in 100% of the events organised by the school (Extravaganza/Musical)
- Regular attendance at all rehearsals
- Must be a committed member of the Stirling Dance Society.
- External examinations and performance level, do not affect badges.

Service Awards

In order to qualify for a Service Award, learners need to:

- be involved in at least 50 hours of service activities throughout the year. These activities need to take place outside of class time.
- keep a log of service hours completed. This log sheet must be signed by the teacher in charge, on the day that the service was rendered. Log sheets can be collected from the office.
- complete and submit the service award application before the deadline in order to be considered for an award. Teachers in charge of service activities may also nominate a learner for an award.

The recipients of the Service Before Self Awards are determined by a committee consisting of the teachers in charge of the various service activities.

- The Junior Service Before Self Award recipient will receive Junior Colours.
- The Senior Service Before Self Award recipient will receive Colours.

Sport Awards

SCHOOL SPORT AWARDS

ACHIEVEMENT AWARDS

For any noteworthy performance over a period, or for an exceptional performance, the learner may be considered for an award. A learner may be considered for an award if they have been selected for a team yet withdraw due to injury or withdraw due to an unforeseen incident.

JUNIOR AWARDS – Applicable for Grade 8 2026

For a learner to receive a Junior award they must have played in 70% + 1 of the matches for their respective school A-team in order to be considered.

Junior Colours Award

Junior Colours/Team Award is awarded for selection to a Border B/ Eastern Cape B/ East London U14/15/16 B Team.

Junior Honours Award

Junior Honours is awarded for selection to a Border/ Eastern Cape/ East London U14/15/16 A Team.

Junior Honours Cum Laude Award

This award is made to a learner who excels at national level e.g. selection for S.A. Schools U14/15/16 Team or attains a top place in an S.A. Schools' event.

SPORTS AWARDS – Applicable to Grade 9 – 12 2026

TEAM AWARD

The learner represents the senior first team in 70% + 1 game in one season (minimum of 5 matches). The learner must have reached an acceptable level of proficiency in the sport, displayed good sportsmanship and attended practices regularly.

COLOURS

The learner must have met the criteria for a Team Award. Colours is awarded for selection to a Border/Eastern Cape/East London B Team.

HONOURS

The learner must have met the criteria for a Team Award. Honours is awarded for selection at a Border/Eastern Cape/ East London A Team.

HONOURS CUM LAUDE

This award is made to a learner who excels at national level e.g. selection for S.A. Schools Team or attains a top place in an individual S.A. Schools' event.

NON-SCHOOL SPORT AWARDS – Applicable to Grade 8 2026

All learners who would like to be considered for a non-school sport award, must ensure that they have registered with the Head of Sport before the end of the first term.

To reward a pupil who has achieved in a sport or activity not offered by the School, a special certificate will be awarded to pupils in this category as well as a badge that reads ‘Sport’.

Bronze – selection for Border/ Eastern Cape B Team

Silver – selection for Border/ Eastern Cape A Team

Gold – selection for a National Team

All awards are based on the learner’s full all-round participation in competitive school sports throughout the year.

NON-SCHOOL SPORTS AWARDS – Applicable to Grade 9 – 12 2026

All learners who would like to be considered for a non-school sport award, must ensure that they have registered with the Head of Sport before the end of the first term.

Pupils will be rewarded for non-school sports according to the following regulations: These awards would be school Colours, Honours or Honours Cum Laude, depending upon the nature and standard of the achievement, and in accordance with the criteria laid out for awards for sport activities within the school.

A guideline in this regard is that Colours is recognised as an achievement at the level of East London Schools; Honours at Border or Eastern Cape level; and Honours Cum Laude at a national level or its equivalent.

The same awards committee will sit for discussion on the special non-school activities award nominations for culture and sport and will include the Deputy Headmasters and Heads of Culture and Sport. The committee may include the opinions of specialists in the areas of achievement under discussion. The awards will be dependent upon the student’s positive involvement at Stirling in another sphere: Learners are required to remain actively involved in at least one school sport for the full academic year. Social or non-league sports do not qualify as official participation. The awards will be dependent upon the good behaviour of the student.

The Awards Committee will convene in April and September to consider awards but will consider awards at other times in exceptional circumstances.

The Awards committee will be made up of the relevant Heads of Sports and 1st Team coaches. A further committee made up of the Head of Discipline/Culture/Academics/Pastoral/Sport and Headmaster who will ratify the nominees.

See Annexure A for Athletics and Swimming Requirements.

ANNEXURE A

ATHLETICS AWARDS:

The following conditions must be met in order to qualify:

- Achieve the standard twice in the same event at different meetings in ONE season/calendar year.
- Only results from official meetings may be used.
- Qualifying standards of achievement must be based on the APE Table for U17 and U19 age groups.
- Must represent Stirling High School in an official capacity.
- Attendance at practices and meetings are a requirement.

Boys and Girls:

Team Award:	550 points
Colours:	650 points
Honours:	800 points
Honours Cum Laude:	Medal at South African Championships in an individual event.

SWIMMING AWARDS

Award requirements:

- Awards are NOT based on team selection; but on the achievement of times.
- A swimmer must achieve the time shown below, for a single event, on Two separate occasions. (Prelims and final times will be considered.)
- A swimmer must participate in the Inter-House gala AND one other school related galas such as Stirling Sprint or Hudson Sprint.
- A swimmer must participate in a minimum of THREE individual events at the Inter-House gala.
- Only official long course times (qualified timekeepers, starters and judges) will be considered.

BOYS				
EVENT	TEAM (350)	COLOURS (450)	HONOURS (550)	CUM LAUDE (650)
50 FREE	29.67	27.28	25.52	24.13
100 FREE	01:06.49	01:01.15	57.19	54.09
200 FREE	02:24.73	02:13.10	02:04.49	01:57.75
400 FREE	05:12.27	04:47.18	04:28.60	04:14.05
800 FREE	10:41.55	09:49.99	09:11.82	08:41.93
1500 FREE	20:35.96	18:56.64	17:43.09	16:45.51
50 BACK	33.41	30.73	28.74	27.18
100 BACK	01:13.22	01:07.33	01:02.97	59.56
200 BACK	02:38.81	02:26.05	02:16.60	02:09.20
50 BREAST	36.82	33.86	31.67	29.95
100 BREAST	01:20.71	01:14.22	01:09.42	01:05.66
200 BREAST	02:58.05	02:43.74	02:33.15	02:24.85
50 FLY	31.60	29.06	27.18	25.70
100 FLY	01:10.16	01:04.53	01:00.35	57.08
200 FLY	02:36.57	02:23.98	02:14.67	02:07.37
200 IM	02:41.76	02:28.76	02:19.14	02:11.60
400 IM	05:44.10	05:16.45	04:55.97	04:39.94

GIRLS				
EVENT	TEAM (350)	COLOURS (450)	HONOURS (550)	CUM LAUDE (650)
50 FREE	33.50	30.81	28.81	27.25
100 FREE	01:13.37	01:07.47	01:03.11	59.69
200 FREE	02:40.13	02:27.26	02:17.73	02:10.27
400 FREE	05:34.00	05:07.16	04:47.28	04:31.72
800 FREE	11:27.90	10:32.63	09:51.69	09:19.64
1500 FREE	21:46.14	20:01.18	18:43.46	17:42.61
50 BACK	38.11	35.05	32.78	31.00
100 BACK	01:21.35	01:14.81	01:09.97	01:06.18
200 BACK	02:54.73	02:40.69	02:30.29	02:22.15
50 BREAST	41.37	38.05	35.59	33.66
100 BREAST	01:30.99	01:23.68	01:18.27	01:14.03
200 BREAST	03:15.18	02:59.49	02:47.88	02:38.79
50 FLY	34.66	31.88	29.81	28.20
100 FLY	01:18.72	01:12.39	01:07.71	01:04.04
200 FLY	02:52.84	02:38.95	02:28.67	02:20.61
200 IM	02:58.96	02:44.58	02:33.93	02:25.59
400 IM	06:17.26	05:46.94	05:24.50	05:06.92

Special Prizegiving Awards

SEMPER FIDELIS AWARD FOR EXCEPTIONAL ACHIEVEMENT

GRADE 8 2026 (school activities only):

A learner who has met the requirements for an Honours Cum Laude Award or Junior Honours Cum Laude during the course of any particular year, will be awarded a Semper Fidelis Award at the annual Prizegiving.

GRADE 9-12 2026 (school & non-school activities recognised):

A learner who has met the requirements for an Honours Cum Laude Award during the course of any particular year, will be awarded a Semper Fidelis Award at the annual Prizegiving.

PRINCIPAL'S MEDAL FOR SUSTAINED EXCELLENCE THROUGHOUT HIGH SCHOOL

GRADE 12 2030 (Grade 8s of 2026)

Learners who have received an Honours award for a school activity for all five years in high school, may apply to be considered for a Principal's Medal for Sustained Excellence in Term 3 of their Grade 12 year. Successful applicants will receive the award at the annual Prizegiving.

GRADE 12 2026

Learners who have received an Honours award for an activity for all five years in high school, may apply to be considered for a Principal's Medal for Sustained Excellence in Term 3 of their Grade 12 year. Successful applicants will receive the award at the annual Prizegiving.